


The Club 1 1

Volume 2 | Issue 11 | Series of 2022 | May 2023

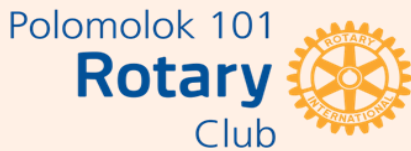


YOUTH SERVICE MONTH Rotary 

We cannot always build the future for our youth, but we can build our youth for the future.

-Franklin D. Roosevelt





OFFICERS AND DIRECTORS RY 2022-2023



JENNIFER JONES
Rotary International
President



LILU ALINO
District Governor
District 3860



JONG FERNANDEZ
District Secretary



EDWIN VALENCIA
Asst. Governor, 3F



EVERNIE ALFECHE
President



LANI CASTANIAGA
Vice Pres



MALOU TOEXON
PE/Secretary



MAYVELYN URBANO
Executive
Secretary



JADE RALLOS
Treasurer



GLADYS BALANO
Auditor



NIEVEN MAY ALFECHE
Protocol Officer



FANNY FERNANDEZ
Public Infor-
mation Officer



RIZALDY CRUZ
Sgt. At-Arms



OMAR GALLINERO
CICO



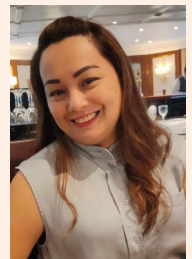
MELANI DEYPALAN
Vocational Ser-
vice Director



XAVIER BAYAN
Service Pro-
ject Director



LEO BALDOSTAMON
Youth Service
Director



DARNIE JANDIC
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CELEMA GRINO
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Director



ROGELIO RALLOS, JR.
TRF Director



ALAN INES
DRRM/Community
Service
Director



Jennifer Jones

R.I. PRESIDENT'S MESSAGE

I believe it is a time in our world for brave, courageous, intentional leadership.

Last month, in this column, you heard from my dear friend Anniela Caracedo. She is an amazing member of our Rotary family, and as a past Interactor and now Rotarian, she is this kind of leader.

Anni shared a very personal story about coping with a panic attack, something that I have also experienced. The outpouring and response to this story have been tremendous and punctuate how critical it is that we acknowledge not only our strengths but our vulnerabilities too.

When we talk about finding space for one another — creating comfort and care within Rotary — we're describing a club experience where we can all feel comfortable sharing like Anni did, and we can all empathize with and support one another. Whatever we are facing in life, Rotary is a place where we know we're not alone.

We spend so much time helping our world, whether it's working to end polio, cleaning up the environment, or bringing hope to communities that need it most. Sometimes we can lose track of the need to apply some of our energy and care to our fellow members and partners in service.

The comfort and care of our members is the single greatest driver of member satisfaction and retention. We need to ensure that it remains a priority — and that we further strengthen these bonds by performing service that helps reduce the stigma of seeking out mental health treatment and expands access to care.

That is why I'm so heartened by President-elect Gordon McNally's wonderful vision to help improve the global mental health system, not only for Rotary members, but for the communities we serve.

When Gordon announced our focus on mental health at this year's International Assembly in Orlando, Florida, he reminded us that helping others benefits our mental health by reducing stress and improving our mood. Studies show that performing acts of kindness is an effective way to improve your own mental and physical health. Rotary service brings hope to the world and joy to our lives.

Our new focus on mental health will take some time to do right, and yet it builds on something that has been part of who we are for 118 years. We are People of Action, and behind that action is care, compassion, empathy, and inclusion.

Becoming champions of mental health is not only the right and kind thing to do, it is a tool that can Create Hope in the World, Gordon's inspiring theme for his upcoming year as president.

If we serve our members, we serve our communities, and if we can meet people where they are and lift them up, they will imagine Rotary in a new light and come to fully understand our value and our infinite potential.

Jennifer Jones

President 2022-23

President's Page



By *President*

May is Rotary's Youth Service Month! Throughout the month, Rotarians, Rotaractors, and younger members of the Rotary family, including Interactors and RYLA and Rotary Youth Exchange participants, celebrate the service, leadership development, connections, and FUN of Rotary's programs for young leaders.

Rotary's Youth Service Month is an opportunity to promote our young leaders'- our Rotaractors both School and Community based whose at early age are already exposed in serving our communities.

MAY DESIGNATION IS

YOUTH SERVICE MONTH

"If you really want to change the world you have to inspire young people. That's how you change the world."

Joe Rogan

Rotary 

TAKE ACTION: Engage Rotary, Change Lives



By: May Urbano 
Past Assistant Governor

Editor's Note

MAY is Youth Service Month

Youth Service Month is a special time in Rotary. Throughout the month of May, members of Rotary clubs, Rotaract, Interact, and those involved in Rotary Youth Leadership Awards (RYLA) and Rotary Youth Exchange celebrate the opportunities Rotary provides to connect, grow through service, develop leadership skills, mentor or be mentored, and have fun.

Not only the Rotary Clubs benefit when we collaborate with youth like our Rotaractors, this collaboration also helps youth themselves. Community participation helps youth become empathetic citizens who could potentially continue similar work when they become adults. Additionally, youth who give back to their communities develop leadership skills, learn the importance of helping, and gain work experience.

Youth are a valuable resource for our club involved in community development. By encouraging and allowing opportunities for adult-youth-collaboration, our club can help youth learn valuable skills and prepare them to become civically engaged adults.



Secretary's Report



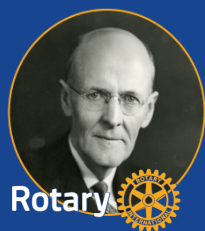
by **Malou Teoxon**
Club Secretary

Roster of Members for RY 2022-23

NAME	CLASSIFICATION
1) Acuesta, Maribel D. "Bel" *RFSM1+2	Dental Services; Pediatrics
2) Alfeche, Evernie V. "Tata"	Management; Transport Services
3) Alfeche, Nieven May V. "Twinkle" *PHF	Management; Cooperative
4) Balano, Gladys D. "Glads" PHF	School Registrar; Private
5) Baldostamon, Leo "Ducks"	Management; Restaurant Cafe
6) Bayan, Xavier J. "Bobet" PHF+2	Law; General Practice
7) Castaniaga, Lani A. "Lani" PHF	Management; Government Bank
8) Cruz, Rizaldy R. "Zaldy" PHF	Architecture; Building
9) Deypalan, Melani G. "Mel" RFSM+1	Dental Services; Orthodontics
10) Fernandez, Fanny M. "Fan" PHF	Insurance; Life & Non-Life
11) Gallinero, Omar S. "Mar" PHF+1	Management; Photography & Events
12) Gallinero, Charo Lyca B. "Sweet"	Management; Nail Spa
13) Griño, Celema I. "Cel" PHF	Dental Services; Hospital
14) Ines, Alan M. "Lan" PHF	Administration, Private School
15) Jandic, Darnie F. "Bing" PHF	Management; Spa
16) Maliwat, Esperanza C. "Espie" RFSM+1	Management; Real Estate Rentals
17) Pineda, Rona F. "Ron" RFSM	Management; Farm Resort
18) Publico, Troy M. "Troy"	Financial Advisor
19) Rallos, Jade N. "Jade" PHF+2	Medical Technologist
20) Rallos, Rogelio Jr. A. "Wang" PHF+6	Management; Medical Supplies Distribution
21) Sabellano, Ivie L. "Ivs" PHF	Management; Commercial Bank
22) Teoxon, Marilou A. "Malou" RFSM	Management; Travel & Tour
23) Tonguia, Tomas, Jr. S. "Tom"	Management; Commercial Banking
24) Urbano, Mayvelyn G. "May" PHF+1	Management; Fastfood Restaurant

*PHF – Paul Harris Fellow

*RFSM- Rotary Foundation Sustaining Member



“Perhaps dreaming is not so bad if one dreams good dreams and makes them come true.”

— **Paul Harris,**
My Road to Rotary





by Jade Rallos
Club Treasurer

Treasurer's Report

HOW MUCH OF OUR TOTAL MEMBERSHIP DUES GOES TO ROTARY INTERNATIONAL?

Right now, RI dues is \$53. Depending on where we are in the world, that equates to about 4 to 14 percent of our total membership dues. The rest of our membership dues total primarily covers club and district expenses, such as District Levy, Rotaract Levy and Disaster Fund and a subscription to The Philippine Rotary Magazine.

Two months to go and the Rotary Year 202-23 will be over. Gentle reminder for those members who still have unpaid monthly dues, please settle your balances.



Club Dues Payment Chart 2022-23

Name	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Bal
1. Maribel Acuesta D.	✓	✓	✓	✓	✓	✓	✓	✓					
2. Alfeche Evermie V.	✓	✓	✓	✓	✓	✓	✓	✓					
3. Alfeche Nieven May V.	✓	✓	✓	✓	✓	✓	✓	✓					
4. Balano, Gladys D.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
6. Bayan Xavier J.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
7. Castaniaga, Lani A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
8. Cruz, Rizaldy R.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
9. Deypalan, Melani G.	✓	✓	✓	✓	✓								
10. Fernandez, Fanny M.	✓	✓	✓										
11. Gallinero, Omar S.	✓	✓	✓	✓	✓	✓							
12. Gallinero, Sweet B.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
12. Grino Celema I.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
13. Ines, Alan M.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
14. Jandic, Darnie F.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
15. Maliwat, Esperanza C.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
16. Pineda, Roda F.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
17. Publico, Troy	✓	✓	✓	✓	✓	✓	✓						
17.. Rallos, Jade N.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
21. Rallos Rogelio Jr. A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
22. Sabellano, Ivie L.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
23. Teoxon, Marilou A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			
25. Tonguia, Tomas Jr. S.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
26. Urbano, Mayvelyn G.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-

Who are the “YOUTH” of Rotary?



By: Alan M. Ines
Past Assistant Governor

May is Youth Service (formerly called New Generations) Month when Rotary Clubs, around the world focus on youth services, Rotaract, Interact, RYLA, Youth Exchange.

INTERACT

Interact is a Rotary-sponsored service club comprised of 14-18 year olds. Interact gives young people the opportunity to take part in fun, meaningful service projects. Along the way, Interactors develop their leadership skills and initiative while meeting new friends. Members exchange ideas, opinions and plans with other talented, energetic people, in an atmosphere free from negative pressures and distraction. Interact strives to promote student leadership, local volunteer service, and to make members aware of the many global and world issues that effect people everyday.

ROTARACT

Rotaract is a Rotary-sponsored service club for young people ages 18-30. Rotaract clubs are usually community or university-based and are sponsored by a local Rotary club, making them true “partners in service” and key members of the Rotary family.

Young adults augment their knowledge and skill and also address the physical and social needs of their communities while promoting international understanding and peace through a framework of friendship and service. Rotaractors also often spearhead the formation of Interact clubs and participate in RYLA.

ROTARY YOUTH EXCHANGE

Rotary Youth Exchange is an excellent and inexpensive way for high school age students to travel and study in a foreign country.

Youth exchange gives the participant the opportunity to improve their language skills and school and family experiences will teach them the culture of their host country. They also act as ambassadors for their home country.

RYLA

Each year thousands of young people take part in the Rotary Youth Leadership Awards (RYLA) programs worldwide. Young people are chosen for their leadership potential to attend a seminar, camp or workshop to discuss leadership skills and to learn those skills through practice. RYLA aims to:

- Demonstrate Rotary’s respect and concern for youth;
- Provide an effective training experience for selected youth and potential leaders;
- Encourage leadership of youth by youth; and
- Recognize publicly young people who are rendering service to their communities.





FRUITS for



Eat local seasonal fruits and vegetables during the summer. The nutrients are at their peak, and the food is tastiest when it is fresh. There are other foods that will also keep you hydrated and healthy for all the fun activities that summer has to offer. Try some today.

By: Dr. Bel D. Acuesta
Past President
Health Coach

1. Wonderful Watermelon

This is a super hydration food for the summer. Watermelons have a high water content and are a great way to keep you cool and hydrated and away from unhealthy snacking. And as an added bonus. Watermelon also contains lycopene, which protects skin cells from sun damage.

2. More Melons

Cantaloupes and honeydews are surprisingly healthy foods that are packed the nutrients, water, and flavor making them a healthy and tasty summer treat. Melons also act as diuretics that do not cause dehydration, which is especially important to women who are affected by hormonal changes.

3. Merry Mango

Rich in healthy calories, fibre, vitamins, and minerals, undoubtedly mango is the "king of fruits." As per studies, mango flesh has bioactive compounds that reduce cell damage, prevent premature ageing, improve health and help reduce the risks of chronic diseases. During scorching Indian summer, when the sun is high and you are low on energy and dehydrated, a chilled mango smoothie can be the best use of this summer fruit.

4. Avocado Superstar

No healthy food list should leave this amazing superfood out. Avocados are a healthy and tasty source of monounsaturated fat, folate, and fiber. Plus, they are a natural anti-inflammatory so skip the ibuprofen and eat an avocado. Spread it on toast, put it in salads or make guacamole for a festive summer dip.

5. Super Pineapple

Thorny and juicy pineapple is similar in benefits to other mentioned summer fruits in India. Loaded with vitamin A, B1, B2, B3, B6, C, zinc, magnesium, phosphorus, calcium, and potassium, pineapple helps regain the lost minerals in the summer heat.

6. Cool Off with Citrus

Although it is not a summer seasonal fruit, oranges are rich in potassium, a nutrient that's crucial for you in the summer. Potassium is lost through sweat and can put you at risk for muscle cramps. Oranges are also 80 percent water, so they are a refreshing way to stay hydrated. Add lemon to your water or drink homemade lemonade instead of soda, add freshly squeezed lemon to your summer salads and fish to add some extra Vitamin C to your summer diet.





By: PP Xavier Bayan
Past President

WHY ATTEND A DISTRICT CONFERENCE?

Why indeed? you may ask.

It is a great way to learn about Rotary: not just one's own club projects and activities but other clubs as well...

The Conference will celebrate clubs' achievements!

It is a chance to discover different club cultures and to share new ideas

This year particularly, it is a chance to meet Rotarians of District 3860 face-to-face once again!

It is an opportunity to visit Cebu!

But most of all it is **FUN!**

A promotional graphic for the Rotary District 3860 DISCON 2023 conference. The background is a gradient from green at the top to purple at the bottom. At the top left, it says "Rotary District 3860" next to the Rotary International logo. To the right is the "IMAGINE ROTARY" logo, which consists of a stylized sun or gear icon. Below these is the word "DISCON" in large, colorful, bubbly letters, followed by "2023" in a similar style. Underneath that, it says "May 4-6, 2023 | Waterfront Cebu City Hotel". At the bottom, the slogan "Imagine: Soaring High!" is written in a white, cursive font.

Polomolok 101
Rotary
Club



HALL OF PAST PRESIDENTS



**CP Omar Galinero,
PHF+1**

**ROTARY YEAR
2005-2006**



**PP Espie Maliwat,
RFSM+2**

**ROTARY YEAR
2006-2007**



**PAG Alan Ines,
PHF.**

**ROTARY YEAR
2007-2008**



**PP Rogelio Rallos,
PHF+6**

**ROTARY YEAR
2008-2009**



**PP Maribel Acuesta,
RFSM+2**

**ROTARY YEAR
2009-2010**



**PP Xavier Bayan,
PHF +2**

**ROTARY YEAR
2010-2011**



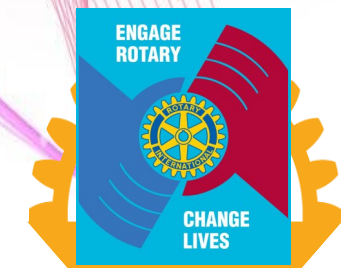
**PP Rey
Trasporto**

**ROTARY YEAR
2011-2012**



**PP Grace Salazar,
RFSM**

**ROTARY YEAR
2012-2013**



**PP Benhur
Dapanas**

**ROTARY YEAR
2013-2014**



**PP Rex
Machan**

**ROTARY YEAR
2014-2015**



**PP Celema Griño,
PHF**

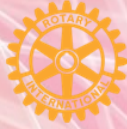
**ROTARY YEAR
2015-2016**



**PAG Mayvelyn
Urbano, PHF+1**

**ROTARY YEAR
2016-2017**

Polomolok 101
Rotary
Club



HALL OF PAST PRESIDENTS



**PP Gladys Balano,
PHF**

**ROTARY YEAR
2017-2018**



**PP Melani Deypalan,
RFSM+2**

**ROTARY YEAR
2018-2019**



**PP Fanny Fernandez,
PHF**

**ROTARY YEAR
2019-2020**



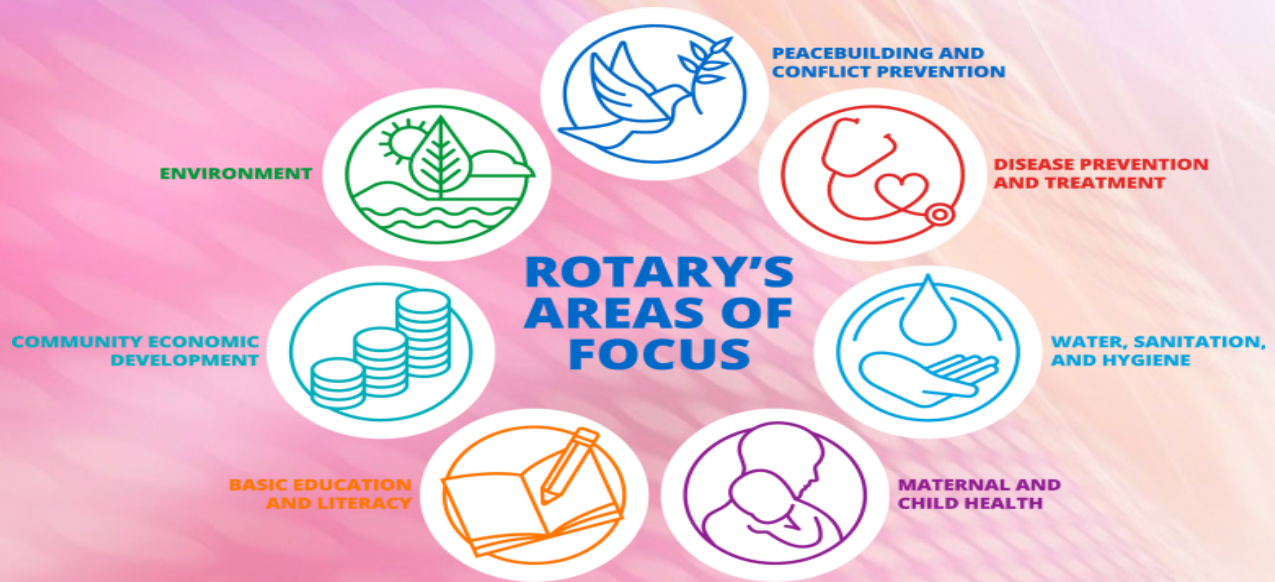
**PP Nieven May
Alfeche, PHF**

**ROTARY YEAR
2020-2021**



**IPP LANI CASTANIAGA,
PHF**

**ROTARY YEAR
2021-2022**



Polomolok 101
Rotary Club



IMAGINE ROTARY

The Club 101 Calendar of Activities

July

New Leadership Month



August

Membership & New Club Development Month



September

Basic Education and Literacy Month



October

Economic and Community Development Month
October 24 World Polio Day



November

Rotary Foundation Month
November 1-7 World Interact Week
November 26-27 Presidential Conference, Manila



December

Disease Prevention and Treatment Month



January

Vocational Service Month



February

Peace building and conflict Prevention Month
February 23 Rotary's Anniversary



March

Water, Sanitation & Hygiene Month
March 14-18 World Rotaract Week



April

Maternal and Child Health Month



May

Youth Service Month



June

Rotary Fellowships Month
May 27-May 30 Rotary International Convention, Melbourne, Australia



Rotary District 3860

CREATE HOPE in the WORLD

VIBRANT 2022 CLUB WORKSHOP 3

JUNE 29 2023 9AM-5PM | Acacia Hotel, JP Laurel Avenue, Davao City, Philippines

Hosted by: Rotary Club of Davao | Co-hosted by: Rotaract Club of Davao

WHO ARE REQUIRED TO ATTEND?
 President
 Secretary
 TRF Chair
 Membership Chair
 Public Image Chair
 Club Administrator
 Community Service Chair

REGISTRATION FEE: Php 2,500.00
REGISTRATION LINK:
<https://www.rotarydistrict3860.org/vibrant2023>

Rotary Year 2022-2023

rawpixel



ROGELIO "WANG" RALLOS, JR.
Past President/ TRF DIRECTOR

WHAT IS PAUL HARRIS FELLOW?

When \$US1000 is contributed to The Rotary Foundation, a request can be made for an individual to be recognised as a Paul Harris Fellow: that person can be a Rotarian or a member of the community who is not a Rotarian. When a person is recognised as a Paul Harris Fellow, they are presented with a Certificate signed by the Rotary International President and the Chairman of the Trustees of The Rotary Foundation, and a lapel pin. The contribution to The Rotary Foundation can be made in one sum or by cumulative giving over a number of years. Individuals can make a personal contribution or the contribution can be from a club, a company or business.

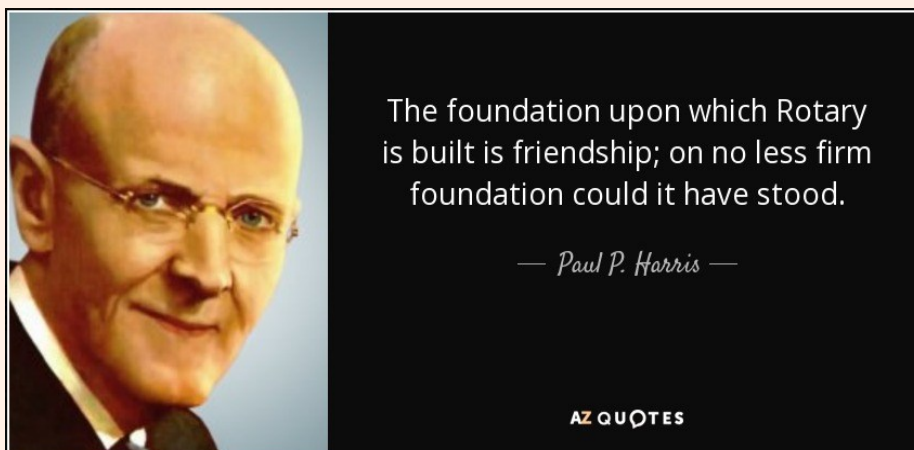
Some of the misconceptions or misunderstanding surrounding a Paul Harris Fellow are:

- There is no such thing as a Paul Harris Fellowship, and it is not an award; it is simply a recognition. When a Club contributes US\$1000 to The Rotary Foundation, the Club sets its own criteria for naming a Paul Harris Fellow. Usually this is done to recognize an outstanding commitment to the Club or the community.
- A personal contribution of US\$1000 and the subsequent recognition of a Paul Harris Fellow should be encouraged not criticized; it is a donation to The Rotary Foundation, Rotary’s own charity and, therefore, Rotarian’s own charity.
- Recognition as a Paul Harris Fellow was never intended to be an award and certainly is not Rotary International’s highest award, although it is an honor to be named a Paul Harris Fellow.
- Honorary Membership is the highest distinction that a Club may bestow on a Rotarian and should only be bestowed in exceptional cases for meritorious service in the furtherance of Rotary ideals and support of the Rotary cause.
- Club Presidents may also award one Avenues of Service Citation each year to a Club Rotarian.
- The highest award an individual Rotarian can receive is the Service Above Self Award; only a maximum of 150 are awarded each year by the Board of Rotary International.
- Being named a Paul Harris Fellow is not unique. There are over one million Paul Harris Fellows worldwide.

Every Rotarian should strive to be a Paul Harris Fellow because for each PHF named, we know that US\$1000 has been given to The Rotary Foundation. Similarly, for each sapphire or ruby added to a Rotarian’s PHF pin, an additional US\$1000 has been given to The Rotary Foundation. We should celebrate each of these milestones (and gem stones) for what they represent. That is a gift to The Rotary Foundation and an opportunity to do even more in the world through the Foundation.

I would like to personally congratulate and acknowledge the new Paul Harris Fellows and Multiple Paul Harris Fellows for RY 2022-23 of our club namely Past President Celema Grino, Past President Gladys Balano, Treas. Jade Rallos. This year I, myself became a recipient of Red stone or Ruby multiple Paul Harris Fellow Pin.

The Club is honoring us in a very special way and we should be proud of that. However, we are all still encouraged to personally make contributions to the Foundation and to continue to support the programs of the Rotary Foundation.



Single Blessedness...

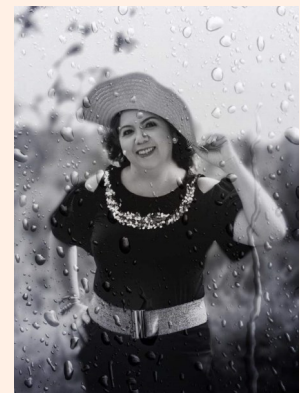


Being single, is a celebration! It hurts a lot less when people point out, "Why are you still single? If only you'd meet someone nice." Then their voices trail off as fluffy clouds and a blah, blah, blah.... Meanwhile, you're thinking, Hmmm. Surprise! I am curiously calm and content. In short, I am happily single! Alone time warms the fibers of a new day. Being single isn't lonely. This is when you feel your magic. Each day is weaved of colors through your senses. It's not selfish to enjoy it. You are living your way. You don't need to convince anyone.

Even I'm single, I am not alone, I still have my family and wonderful friends. I am lucky to have a supportive sisters (by blood or not). They are my sanity—my light. Spending time with them relaxes me in a way. I'm also fortunate to have wonderfully good friends who are always there with open arms, ready to listen and support me.

I know for sure I can always share my happiness and sorrow with them. I can always depend on them without feeling the slightest bit of guilt.

By: May Urbano



District Conference 2023 Imagine Soaring High!



District Convention 2023(DISCON '23)with its theme "Imagine Soaring High "was held at Waterfront Hotel, Cebu last May 4-6 featuring inspirational messages, learning sessions and networking & fellowship activities for Rotarians of District 3860. The event highlighted the importance of fellowship in Rotary. In Rotary, fellowship is not just about socializing, it also plays an important role in service projects that we do. Fellowship helps build trust & collaboration which are essential in carrying out successful projects. Our heartfelt thanks to our hard-working Governor- Gov. Lilo for recognizing our efforts in serving our community.



History of the Rotary Club of Polomolok 101

The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan -on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club’s Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860.

The club’s name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International’s 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

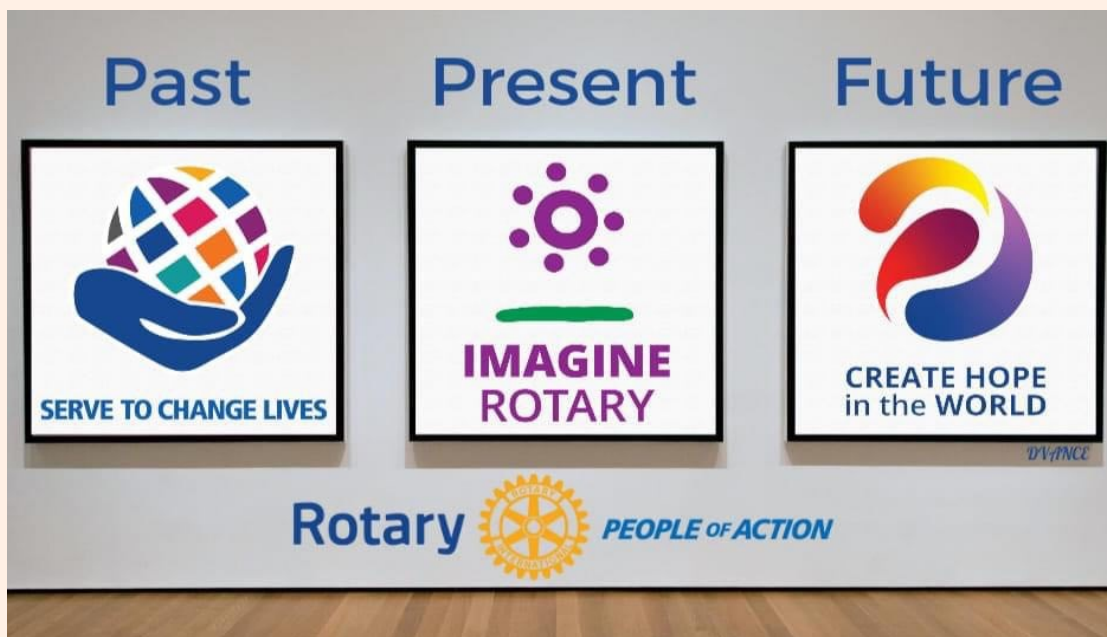
The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517 . To date, the Club runs on man-strength of twenty five(25) committed individuals.

Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Vision Statement

“Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.”



MEETING



Downtown Blvd.
May 29, 2023



DISCON '23



May 4 - 6, 2023
Waterfront Hotel, Cebu City



FELLOWSHIP



RC Midtown 30th Charter Anniversary Celebration
Maxim's Resto
May 25, 2023

PP Twinkle Birthday Celebration
May 13, 2023





WE'RE DEDICATED TO DOING GOOD TOGETHER--TO SERVICE ABOVE SELF. WHEN YOU GIVE TO THE ROTARY FOUNDATION, WE CAN FUND PROJECTS IN COMMUNITIES THAT NEED OUR HELP THE MOST. PROJECTS THAT:

- HELP REFUGEES
- PROVIDE CLEAN WATER
- GROWN LOCAL ECONOMIES
- PREVENT AND TREAT DISEASE

EVERY DAY, OUR MEMBERS RESPOND TO CHALLENGES BIG AND SMALL, EMERGING AND ONGOING. LET'S CONTINUE DOING GOOD TOGETHER.

DEDICATED TO
Doing Good Together



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The background of the page is a light cream color with several watercolor-style roses in shades of peach, orange, and pink, interspersed with green leaves. The roses are scattered around the central text, with some partially cut off by the edges of the page.

*Love and kindness
are never wasted.*

THEY ALWAYS MAKE A
DIFFERENCE. THEY BLESS
THE ONE WHO RECEIVES
THEM, AND THEY BLESS
YOU, THE GIVER.

BARBARA DE ANGELIS



28th General Membership Meeting
Club Assembly & Fellowship Night
29th May 2023/ 6pm/ DownTown Blvd

Program

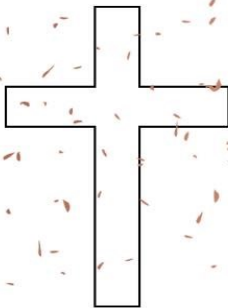
CALL TO ORDER.
INVOCATION:
NATIONAL ANTHEM.
THE OBJECT OF ROTARY.
PRESIDENT-ELECT REPORT
OPEN FORUM
PRESIDENT'S TIME.
ADJOURNMENT.

PREXY TATA ALFECHÉ
RTN SWEET GALLINERO
PP FANNY FERNANDEZ
PP WANG RALLOS
PE/SEC MALOU TEOXON


PREXY TATA ALFECHÉ
PREXY TATA ALFECHÉ

Moderator- Pp Lani Castaniaga

Invocation



Almighty Father, we invoke a blessing upon this occasion of Rotary Meeting & fellowship. Make us aware of the deeper significance of our meeting as we develop our friendships as the source of Rotary service. Service that radiates from this community to the wider community beyond. May each of us in our daily routine come to know the joy of caring and sharing with others not as fortunate as we are. Help us to serve humbly and willingly as we focus on the needs of our community. Thank you for our gifts and help us to use them wisely. Amen.

Rotary 

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST:**
The development of acquaintance as an opportunity for service;
- SECOND:**
High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD:**
The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH:**
The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

 **The Four Way Test**

of the things we think, say and do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

The Rotary Hymn

by George Canseco

I. I want to be a Rotarian for the world,
Make the Rotary flag be a flag of peace unfurled;
I shall serve my community,
Help achieve universal unity
Through Rotary, I shall dedicate my all,
World understanding shall be my cherished goal.

Chorus:
With the Four Way Test
I will pursue my quest
And if I, in a way help obtain
Peace in the world
We shall not have lived in vain.

II. I observe service above self,
Lend a hand to all who need my help;
I'll get my spouse to involve in Rotary
And in Rotary ways I will train my family.
(Back to Chorus)

III. Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason we'll divide.
We shall all understand, while the good Lord is our guide.
(Back to Chorus)

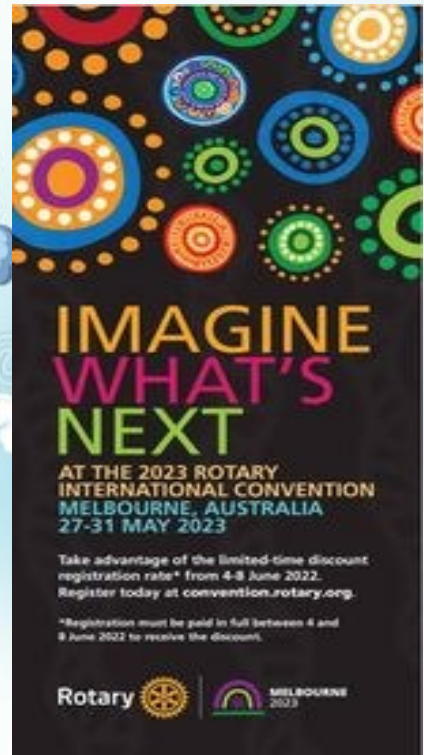
IV. Peace be achieved,
We shall not have lived in vain.



Sunshine Greetings!

Happy Birthday!

May 7 – PP Mel
May 13 – PP Twinkle
May 25 – CP Omar



Polomolok 101
Rotary
Club



This is to certify that Rtn. _____

attended the meeting on _____

President

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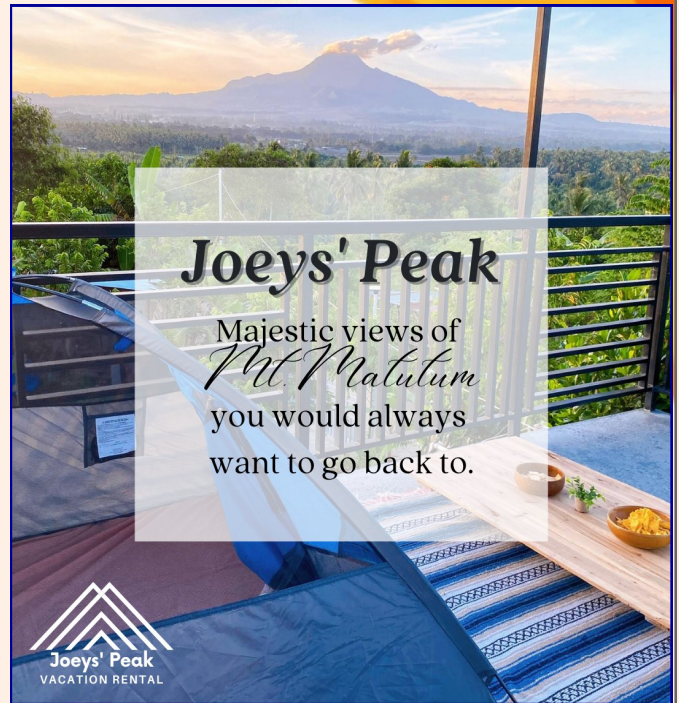
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RED PROJECT
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